



FRESHIE DADS

The Freshie Dads group was established under the principles of The Fathering Project in 2019 to enhance the fathering experience at Freshwater Bay Primary School. Our fun, social group was formed to give dads and father figures the opportunity to engage with their kids in a range of enjoyable activities, create a network for us to get together and chat about being a 'Dad', as well as making new friends and working together to build an even stronger school community.

Parenting has a profound effect on children. From a fathering perspective, a child's development can be significantly impacted in several key areas:

- Social skills and relationships;
- Mental and physical health;
- School management and performance; and
- Social behaviours (i.e attitude towards tobacco, alcohol, drugs, bullying and adolescent sexual behaviour)

You can read more on the research of why fathering matters by clicking [here](#).

Our group has conducted many enjoyable events for dads and their kids including: Dads/Kids Lawn Bowling, Dads/Kids Trivia night, Dads/Kids Walk to School and Breakfast, Kids/Dads Movie night plus our ever popular Dads/Kids Camping Weekend!

We would love to welcome you to one of our next events and talk about the exciting things we can do together as part of our group. The events planned for this year are below:



Dads Group Activity Calendar

2021 – FRESHIE DADS

| School Term | Dads Group Event | Activity | Fathering Discussion Module | Event Coordinators | Date scheduled |
|-------------|---------------------|--|--|--|----------------|
| 1 | New Dads Welcome | Beer & Pizza | Bonding Focus 1: What kids need - BUS | Steven Ryan Joe Dwyer/Jeremy English | 4 Mar |
| | Dads & Kids Event 1 | Movie Night | - | Luke Rawthorne Joe Dwyer | 19 Mar |
| 2 | Dads & Kids Event 2 | Volunteering Activity (River Guardians) | - | Jugal Parekh Josh Beaver | 13 May |
| 3 | Dads & Kids Event 3 | Quiz Night | - | Nick Burston Matt Fulton | 3 Sep |
| 4 | Dads only Event 2 | Dads Lunch | Family Connections Focus 1: Family Time | CJ Jayasinghe Cameron Bowe | 7 Nov |
| | Dads & Kids Event 4 | Camping Trip - Manjedal | - | Dan Czechowski Francesco Taranto Rodolfo Tomasoni Quentin Lenormand | 19-21 Nov |

If you would like some more information, please contact us at Freshie.Dads@gmail.com or you can [sign up here](#). You can also connect with via Facebook @FreshieDads

Click here for more information on [The Fathering Project](#).

