



FRESHIE DADS

The Freshie Dads group was established under the principles of The Fathering Project in 2019 to enhance the fathering experience at Freshwater Bay Primary School. Our fun, social group was formed to give dads and father figures the opportunity to engage with their kids in a range of enjoyable activities, create a network for us to get together and chat about being a 'Dad', as well as making new friends and working together to build an even stronger school community.

Parenting has a profound effect on children. From a fathering perspective, a child's development can be significantly impacted in several key areas:

- Social skills and relationships;
- Mental and physical health;
- School management and performance; and
- Social behaviours (i.e attitude towards tobacco, alcohol, drugs, bullying and adolescent sexual behaviour)

You can read more on the research of why fathering matters by clicking [here](#).

Our group has conducted many enjoyable events for dads and their kids including: Dads/Kids Lawn Bowling, Dads/Kids Trivia night, Dads/Kids Walk to School and Breakfast, Kids/Dads Movie night plus our ever popular Dads/Kids Camping Weekend!

We would love to welcome you to one of our next events and talk about the exciting things we can do together as part of our group. The events planned for this year are below:

School Term	Dads Group Event	Activity	Fathering Discussion Module	Event Coordinators	Date scheduled
1	Dads only Event 1	New Dads Presentation evening Beer & Pizza	Bonding Focus 1: What kids need – BUS Focus 2: Unconditional Love	Steven Ryan Joe Dwyer Luke Rawsthorne	10 Feb
2	Dads & Kids Event 1	Walk to School & BBQ breakfast	-	Mark Hamlin Steven Soria Francesco Taranto	13 May
	Dads & Kids Event 2	Quiz Night	-	David Holmes Sanj Ratneser	17 June
3	Dads only Event 2	Dad's parenting night	Professional Speaker Family Connections Focus 1: Family Time	Quentin Lenormand Rodolfo Tomasoni Jeroen Luiten	21 July
	Dads & Kids Event 3	Movie night	-	Luke Rawsthorne Paul Tilbrook	26 Aug
	Dads & Kids Event 4	Volunteering Day	-	Cameron Bowe Nick Burston Mat Myers	30 Sept
4	Dads & Kids Event 5	Camping Trip	-	Gavin Statham Dan Czechowski Anj Stempowski	18-20 Nov
	Dads & Kids Event 6	Beach tennis and BBQ	-	Anderson Salazar Luciano Ottaviano	02 Dec

If you would like some more information, please contact us at Freshie.Dads@gmail.com or you can [sign up here](#). You can also connect with via Facebook [@FreshieDads](#)

Click here for more information on [The Fathering Project](#).

